

CONNECT

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ISSUE 1

COMMUNITY

COMES

FIRST



A refreshed look...

Welcome to the refreshed Karate & Dance Fed Newsletter.

We've moved to a new PDF format to provide a more professional, engaging, and visually enhanced way of sharing updates with our members. This allows for improved imagery, clearer formatting, and a better overall reading experience.

We hope you enjoy the new look as we continue to enhance all areas of the federation.



CEO's Update

It's been a busy and exciting month across the Karate & Dance Federation.

We are now in full partnership with Leamboss, who are managing our social media, and we've also welcomed our photographer into sessions. If you'd like to purchase your individual photos, please email by 8th May.

April has brought a fantastic influx of new members to our KDF family—welcome to you all.

A big welcome as well to Jack, who was successful following his interview and lesson observation last Wednesday. He will be joining our karate department as an Assistant Coach, supporting on Fridays.

Keep an eye out for a letter this month regarding our Performance & Awards Evening this December at the Bridge House Theatre.

We're also excited to share details of our upcoming collaboration with The Soul Collective very soon.

Thank you, as always, for your continued support.



Jake Byrne
Chief Executive Officer

An Insight into KDF Karate



What a fantastic couple of months it's been at KDF Karate! It's been great to see such strong support from parents, alongside the dedication from our students who have been training consistently and pushing their skills to the next level.

Grading Week

Grading week will begin on 11th May, with exact days and times for each level to be confirmed soon. Make sure you're fully prepared—attend all sessions, take advantage of extra training opportunities, and consider booking 1-to-1 classes to build your confidence ahead of grading.

Training Update

Please note that Tuesday training sessions are now closed and will return as a Monday class, as previously scheduled.

Community Highlight

We recently had the pleasure of hosting a Karate for Mental Health organisation, which was a meaningful and rewarding experience for everyone involved.



An Insight into KDF Dance



Exciting times ahead at KDF Dance!

We've got some amazing news coming your way over the next few weeks — including the launch of our brand new uniform and merch.

Behind the scenes, our dedicated dance coaches, Alyssia and Asha, have been working incredibly hard — training, building confidence, bringing the sass, and making sure every session is full of fun. With our younger dancers, we're focusing on developing independence, coordination, and imagination, creating a space where they can truly shine.

This is just the beginning of a really exciting journey, and we're so glad to have you with us.

If you're not already, make sure to support and follow us on social media — things are about to get busy and exciting!

Thank you for being part of our dance family. Keep dancing, keep smiling, and we'll see you in the studio.





KDF Superstars of the Month

- Jason
- Georgia
- Reece
- Emery
- JJ
- Titirsha
- Sebastian
- James
- Hugo





Why our students & families choose KDF...

From Talia, one of our Karate parents...

Joining karate has been one of the best decisions we've made as a family.

From the very beginning, the enrolment process was simple, welcoming, and really reassuring as a parent. Sensei Neil and Sensei Jake took the time to get to know our son, understand his needs, and make sure he felt comfortable straight away. As parents of a child with ADHD, we were naturally a little nervous about how he would settle but the support, patience, and encouragement they've shown have been incredible. They create such a positive, structured environment that really helps him stay focused while still enjoying himself.

What stands out the most is how much our son loves going. He looks forward to every session and comes home feeling proud of himself, especially when he learns something new or earns recognition for his effort. It's not just about karate, it's helped build his confidence, discipline, and resilience too. Sensei Neil and Sensei Jake are brilliant at motivating him, especially on days when he feels frustrated or struggles with something. As a family, we truly feel part of a supportive community, and we're so grateful for everything they've done to help him grow.

Safeguarding Spotlight

The safety and wellbeing of every child remains our highest priority.

At Karate & Dance Fed, we are committed to providing a safe, supportive, and nurturing environment where every child can learn, grow, and thrive with confidence. Our safeguarding practices are informed by guidance from leading organisations including the Child Protection in Sport Unit (CPSU) and the NSPCC, helping ensure our procedures reflect recognised best practice.

Through trained staff, clear reporting pathways, and robust safeguarding policies, we work hard to maintain the highest standards of care across all of our programmes.

Thank you for continuing to support us in safeguarding every child.



KDF Contact Information

Karate & Dance Fed Ltd
Company No. 17150545

Unit 5A, Churchlands Industrial Estate,
Ufton Road,
Harbury,
CV33 9GX

admin@kdfederation.com
+44 7365 638726

Dates for Diary

W/C 11th May - KDF Karate Grading Week

May Half Term - Closed (Karate & Dance)

12th December - Performance & Awards Evening
(info to come)

Dates may change as our Federation is forever-evolving. Advanced notice will be given and we apologise for the inconvenience.



Community Spotlight



SOUL SPACE STUDIO

Offering 1:1 Reiki &
Crystal Healing therapies.

All KDF members & families can receive 15% off treatments with the code KDF15

Scan the QR code to book or visit
thesoulcollectiveevents.as.me



email: rebecca@thesoulcollective.uk for more information.
Contact me directly to arrange an appointment during your child's Karate or Dance session.